



KINETIC ENERGY



November/December 2016



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PRESIDENT'S MESSAGE

FROM LEONARD ZICK

The Presidential election is just about here. Like most of you, I have spent time thinking about candidates, both national and local. Well, it is time to vote and so I take one last look at the material I have studied, and get ready to make my final choices. I urge all Club members to cast their vote and to encourage family and friends to do the same.

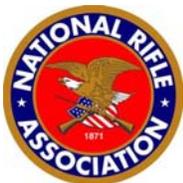
Some of us have seen as many as 14 Presidents take the oath and serve the United States. We have seen the depression, World Wars, Military Conflicts, the Cold War, inflation, natural disasters, and manmade disasters. We have seen space travel, social media, and the onset of the “concussion protocol”.

Through all of this we saw our children grow and learn; we saw them marry and raise children of their own; we saw them off to war; and prayed for their safety. Through all of this home was still home, friends were still friends, and family was still family. This election is going to be a tough one, but when it is all said and done the strength of America lies with its citizens and their unstoppable belief that America will continue to lead the free world into the future and will continue to look to our Constitution for the wisdom passed down by our founding fathers.

You see, when it all shakes out, it’s “We the People” that makes our Country great.

“Do Your Part – Go Vote”

Help protect our Second Amendment Rights !!



EMPLOYMENT OPPORTUNITY

ASSISTANT RANGE MASTER FOR THE DILLMAN RANGE

The Club is looking for candidates that may be interested in serving as the Club's Assistant Range Master for the Dillman Range. The employee will be responsible to provide available work hours one month in advance to the Range Master. Employee will be compensated at the rate of \$14.50 per hour.

THE BASIC QUALIFICATIONS ARE:

- 21 years of age or older
- Member in good standing of the LRC/LSSF
- Possess a Range Safety Officer Cert from the NRA or the equivalent
- Hold a current First Aid/CPR card or the equivalent
- Demonstrate the ability to interact with difficult customers & assist both Club members and public shooters with safe shooting practices
- Possess a basic knowledge of firearm operations and the ability to clear misfires and malfunctions

If you are interested in applying for this position, send your contact information to the Lincoln Rifle Club Headquarters at lincolnrc@sbcglobal.net or contact our office at (916) 434-0308.

JUNIOR DIVISION REPORT

Submitted by Steve Katsuyama

The beginning stage for new shooters (ages 8-20) is held on Monday nights. This is where shooters learn the basics of marksmanship and firearm safety. The Monday night shooters progress through the different stages of marksmanship eventually learning the different positions required for Precision Rifle competition. This is where all shooters begin their training, including the many Junior Olympians and National Champions Lincoln has produced over the years.



The beginners program is in full swing with 65 juniors currently registered in the program and new registrants joining us every week! They will be off during the Thanksgiving week, but will return the following week to continue their marksmanship training.

The advanced team will be starting their competition season with the Best in the West 3-position Air Rifle match and CRPA Standing Air Rifle State Championships on November 12 & 13 at Lincoln High School. **Natalie Katsuyama** will be defending her State Championship Title though the field will be very deep with several competitors vying for this year's title. The team did not lose any members to graduation over the summer, so we will have a very experienced and competitive team this year. We look to bring home several local team titles and even some National awards this year!

LADIES NIGHT IS OPEN FOR BUSINESS!

The Indoor Range is open and Ladies Night is in full swing. The Indoor Range will be open for this match on the 1st and 3rd Wednesdays until June, with **Gary Binder** offering coaching tips and shooting instruction for anyone interested in shooting rimfire only firearms at the Indoor Range. Doors open at 6:00 pm and remain open until 8:30 pm. First priority is given to “lady shooters”, however, gentlemen are also welcome on a space available basis. We always seem to have room for everyone.

This is an opportunity for new and experienced shooters to continue to improve their shooting skills. Gary is an excellent coach and is available to new shooters interested in breaking into the shooting sports. He is also available to “advise” the experienced shooters having trouble hitting the center of the target.

If you find that you would like to get together for some friendly practice shooting, please come by the Indoor Range for an evening of fun.



INDOOR RANGE OPEN!

CONVENTIONAL PISTOL MATCHES SCHEDULED TO BEGIN IN NOVEMBER

Submitted by Bob Radtke, Match Director

Great news, fellow shooters; our Indoor Range has reopened and we have been given the “all clear” to begin our Club matches. With that in mind, we will begin our Conventional pistol matches on Wednesday, November 23rd!! We will shoot on the 2nd and 4th Wednesdays of each month, with the exception of Christmas week. There will be no match on Wed., December 28th.



Routinely, the Range opens at 3:30 pm for registration, training, and set up. The first relay of the match begins at 5:00, second match at 6:00 and the third match is at 7:30. Our matches are open to any Club member over 21 years of age looking to experience a fun-filled introduction to handgun match shooting. Cost to register for the matches is \$10, with an additional cost of \$5.00 per relay. Should you choose to shoot multiple relays in a single match, it will cost you \$1.00 for each additional relay.

The match consists of 65 rounds using NRA B-2 and B-3 targets at 50 feet. You can shoot off hand standing or two hand standing. Equipment required is a pistol or revolver chambered for 22LR ammo using any sights except those that project a laser light. As with all Club shooting events, eye and ear protection is also required.

Mark your calendar and come on out to join us in some fun shooting. We have three different relay times, so no excuses for not being able to get to the Range on time. The Conventional pistol matches will continue until the fourth Wednesday in April. Hope to see you all there.



MULTI-GUN DIVISION MATCH REPORT

Submitted by Dan Robinson, Match Director

Multi Gun Division (MGD) holds 8 matches and four USPSA 3-gun matches for a total of 12 matches. All are held on the first Saturday of each month. Yes, we are the only shooting venue, within the Club, that offers matches year round (oh, yeah, except weekend trap). Not only a match on the first Saturday of each month, but also several more matches and various shooting practices are held midweek during good weather months. It is fun and very practical shooting.



Sunday, October 2nd we held **Annie Get Your Gun** event at the Ormsby Range. Sunday's event was the second of this year. The MGD of the Lincoln Rifle Club and Lincoln Shooting Sports Foundation sponsored this event. Thirty-one ladies participated and all were very excited about their experience. Some were overheard saying they were going to stop at a gun store on their way home to purchase a gun; imagine that. Café Zick provided lunch, along with refreshments followed by a ticket drawing for donated shooting related items.

We are still averaging 70 shooters per month at our MGD matches. Competitors are coming from Manteca, the Bay area, and Carson City Nevada. Most of the out of town participants will meet at local restaurant after a match for a bite to eat prior to driving home. We are in contact with these establishments to seek advertising sponsors for our matches. Every donated dollar helps.

If you are interested in this type of shooting competition, come out to the Ormsby Range. Bring your eye and ear protection and watch a match. Meet and talk to competitors about the event. You will get enthused and catch the bug regarding multi gun Shooting. If you are new to this sport do not worry, we supply the training and guidance until you feel comfortable to go on your own. Of course, we are always there to move forward with you.

CIVILIAN MARKSMANSHIP PROGRAM MATCH REPORT

Submitted by Chuck Riglick, Match Director

There was no CMP match in October due to the CMP event held at the Ben Avery Shooting Range in Phoenix, AZ. It is called the Western CMP Games and can best be described as the Camp Perry of the West. This event features most of the CMP matches held at Camp Perry, with the exception of the President's 100 and the National Trophy matches.



I attended my third Small Arms Firing School and shot in the M-16 match; Excellence in Competition series. This course always provides great shooting information. There was a large turnout and I was joined by fellow LRC member Cary Triplet. The Range, managed by the Arizona Department of Fish and Game, features all shooting sports, including high power, 3-gun, pistol, sporting clays, and even ancient archery.

During the SAFS course, a helpful booklet of basic information about participating in high power sports was provided. It covers shooting and the important duty of target pulling. I was informed these booklets can be made available as a courtesy of the CMP to help anyone interested in the shooting sports.

Remaining CMP matches for LRC at the Dillman Range are scheduled for November 12 and December 10. Requests for the 2017 shooting season have been submitted and will be posted on the Club calendar and in the Kinetic Energy.

WE SAY GOODBYE TO A GOOD FRIEND



Tom Royston lost his fight with cancer on June 18, 2016. He was born on June 6, 1941. Tom join our Club in September of 2010 and carried member number 207. Upon joining, he immediately volunteered to help with the Saturday safety classes held for new members.

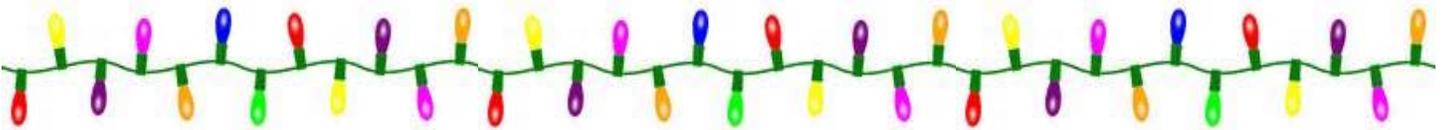
Along with his 3 grandchildren, he loved shooting at the Dillman Range. He was particularly proud of his 19 year old grandson just graduating “boot camp” for the Marines. All of his grandchildren have become dedicated sports shooters and will miss the time they spent with their “gramps” at the range.

Tom enjoyed the friendships he made at the Dillman Range and endeavored to spend as much time as possible at the range. He went to the Range till he could no longer hold a gun!! He loved his walker because he could still get to the range even after the cancer took most of his mobility.

So, “go rest in peace” Mr. Royston, and represent our sport well on the other side. You will be missed and you will be remembered.

JOHN EASTERLY REMEMBERED

On September 12 at approximately noon, friends and family of the late John Easterly gathered at the Dillman Range to “shoot off the canon” in his memory. It was a simple and intimate event that John would have enjoyed. Donuts and coffee were provided and conversation was filled with laughter and the sharing of “gun” related fun times. Coordinated by **Phil Pennington**, the afternoon proved to be a perfect gathering designed to honor and remember John.



PERFECT CHRISTMAS GIFT

Looking for that perfect Holiday gift for either a friend or family member? Well, look no more. The Lincoln Rifle Club (LRC) is offering a “membership special.” You can purchase a regularly priced membership for \$70, but pay **NO INITIATION FEES!!** This is a savings of \$30. The Holiday special begins November 25, 2016, and continues through December 25, 2016, so don’t hesitate. Give the **PERFECT GIFT!!**



Not sure about a membership gift? How about an LRC gift certificate? You can come by the Club headquarters and get a gift certificate in **ANY AMOUNT** to put in your favorite shooters stocking. Gift certificates can be used to pay membership dues, match fees, and Club merchandise. This will put a smile on any shooters face!



For more information call Club headquarters at 916-434-0308

RANGE COMMITTEE/WORK DAY REPORT

Submitted by Lynn Pierce, Range Committee Chairperson, Work Day Coordinator



Hello, my name is **Lynn Pierce**. I am your new Range Committee chairperson. In addition to the responsibilities of this position, I have accepted the role of the Work Day Coordinator for the work days scheduled on the first Saturday of each month. Both of these positions will allow me to work closely with our membership to make sure our Ranges are kept in good repair, safe, and ready to provide a quality shooting environment for both the members and the public. This is the first of regular updates of what your Range Committee has been working on and/or will be working on out at the Range.

We've all seen the many "signs" out at the Range. Some are a little faded and some have become invisible due to the fact that there are just so many. The committee has decided to review the purpose and placement of the signs hoping their messages can be made more effective. Once we come up with a plan, we will be taking action. Hopefully, it will be a welcome and helpful change.

As always, I appreciate the help of my Saturday work day volunteers. This is a great way to earn your Club membership work credit. Many are regulars who I see every month but there are a few who drop by for the first time. We always have a variety of tasks to choose from and I guarantee we can find something to suit you. Tasks range from sweeping the walkways to cutting and assembling rifle frames, and etc.

One thing we really need help with is **moving dirt to the front of the pistol frame pockets and taking a bit more off the top of the 100 yard berm**. If anyone has a tractor / bobcat and you need to earn your work credit, or you just want to volunteer, please let me or the Club headquarters staff know. We will work with you to arrange times and tasks to get this done.



Thanks for your continued support in helping make our Ranges the best in the community. If you have any questions or want to suggest some Range maintenance needs, I can be reached at: KPierce916@hotmail.com

BUILDING OUR CALENDAR FOR 2017 SHOOTING SEASON

The Range Committee and Headquarters are working to develop the Club's 2017 annual Club calendar. If you have an event that will impact the use of Indoor Range, Dillman Range, Ormsby Range, or the Headquarters facility, please submit a match application detailing your event. A new, similar version of the "match application" is available from Headquarters. E-mail us at lincolnrc@sbcglobal.net to have a copy sent to you. The final deadline for having your event placed on the calendar is November 20th. If you have any questions, call Barbara at Club Headquarters (916) 434-0308.

WINTER HOURS BEGIN AT THE DILLMAN RANGE NOVEMBER 1

Winter Hours will be 8:00 am to 4:00 pm

Events scheduled outside these hours will take place as approved by the Range Committee and posted on the Club's 2017 annual calendar.

The Range will continue to close at 2:00 pm on Mondays and Wednesdays

LEGISLATIVE CORNER

Submitted by Herb Strandberg

Proposition 63 –

Prop 63 is overwhelmingly opposed by the law enforcement community because it will burden law abiding citizens without keeping criminals from accessing firearms and ammunition.



Prop 63, effective Jan. 1, 2018, will require all ammunition sales (with few exceptions) to be conducted through an “ammunition vendor,” requiring face-to-face, over the counter transactions.

Prop 63 requires a background check to purchase ammunition. You will pay a fee of up to \$50 and wait up to 30 days every 4 years for your application to purchase ammunition to be processed. Then, each time you purchase ammunition, the vendor will verify that you have the proper authorization in the system.

Prop 63 does not allow California residents to bring ammunition obtained out of state back into California. Interestingly, this restriction does not apply to nonresidents of California. **Non-California residents have no restrictions relative to bringing ammunition into California,** and they can sell to California residents if they go through a licensed vendor.

The information provided above spoke about the ammunition part of Proposition 63. Other pieces of Prop 63 would make new requirements for reporting lost or stolen firearms and ammunition to authorities; prohibit people from possessing firearms if they’re convicted of stealing a firearm; establish new ways for authorities to remove guns from people who are prohibited from owning them; change theft of a gun worth \$950 or less from a misdemeanor to a felony; strengthen the national criminal background check system by requiring the state to share information about people who are prohibited from owning firearms.

SIGNATURE GATHERING CAMPAIGN FAILS



First, let’s take a moment to “thank” those individuals throughout our State and local Cities for their efforts to gather the required number of voter signatures aimed at qualifying seven recently sign pieces of gun legislation for the November ballot. Although a valiant effort was made and several people worked very hard, we failed to submit the required number of VALID signatures.

It seems that several signees omitted their signatures or signed multiple petitions throughout the State. After the procedural scrutiny, the end result was that we fell short and the issues did not make it to the ballot.

Several Club members stopped by the Club headquarters to sign available petitions and we saw a very high level of commitment by our members and city citizens to comply with the needed requirements. Club member, **John Cuneo**, brought by an article for us to share, however, it is too lengthy for this edition of our KE newsletter. I did, however, want to give it a referral, so you could look it up and read it. The article can be found in the September 2016 edition of the Blue Press, published by Dillon Precision Products, Inc. in their “we read our mail” section. The article is entitled, “Some Perspective on Orlando.”

VIRTUAL SAFE SHOT—A FIRST-HAND ACCOUNTING

Submitted by Herb Strandberg

Virtual Safe Shot opened their facility in Fair Oaks on August 1st. They provide Virtual Simulation Training for law enforcement, civilians and CCW students.

Unsurprisingly, the training for civilians is quite different. A strong emphasis of this training is on shoot/don't shoot scenarios. Not all situations require that your firearm be discharged and because the instructors mix up the situations, you don't know whether to expect a kid to pop around the corner of your basement stairs or a wild-eyed drug addict. And really, isn't that how it is in real life?

Some scenarios that were addressed in the training I took read like a person's worst nightmare:

- * A convenience store robbery
- * A mass shooter at a school
- * A carjacking
- * A home invasion
- * Surprising a burglar in your home
- * A knife-wielding ex who is intent on killing your neighbor

Anyone can imagine being caught up in one of these scenes because they're taken directly from the headlines. Even though you know the situation isn't real and that your life is not in danger, you get a surge of adrenaline – you know something is going down, but you don't know what to expect. Everything that happens, happens fast.

The guns at the facility are real Glock 17s that have been modified to shoot only harmless lasers (you don't see any red laser dot but somehow it is magically detected – got to use the sights). The recoil is CO2 driven so you get the feel of shooting a gun with real ammo – this means that you must quickly reacquire your target if a second shot is needed. Shooters practice simulations in which they must draw their weapons, move, verbally interact, take cover, and shoot from a covered position. The accuracy of this technology is 4 pixels – that means if you show a hit during replay on the screen, it would have been a hit in real life. Oh, don't forget to do tactical reloads – it can be programmed for various magazine sizes.

The instructors at this facility are retired police officers, which means that they brought something very different to the table: understanding how an investigation will work. Any time you discharge your firearm, even to defend your life or someone else's, you have to be able to defend your action legally.

Here's what I learned.

I was pleasantly surprised to find out that I'm pretty accurate under pressure. (Of course, there's always room for improvement but for my first time firing at a moving target, I did well hitting what I aimed at.)

Unfortunately, I was a little bit trigger happy, something I don't like to admit. Early on, there were a couple of scenarios in which I would have been better off to wait before firing. And in one very unfortunate situation, I accidentally hit a bystander as well as the criminal.

But this was a good learning experience. By the end of my session, my shoot/don't shoot discretion had greatly improved. I became far more aware of bystanders instead of hyper-focusing on the threat. I would hazard a guess that unless a person has a military or law enforcement background, then like me, they haven't had much experience making these types of judgment calls.

The most important part of this training is the replay. First, you see a readout of how many shots you fired, how many of them were non-lethal hits, how many were lethal, and how many hit someone they shouldn't have. Even when you know this is only a simulation, it's very sobering when you see that you shot someone that should not have been shot. Virtual reality gives you a cold hard smack of actual reality and it isn't pleasant because you immediately realize that in a true emergency, the same thing could have easily happened.

Then, the instructor discusses the scenario. You learn what you did wrong and what you did right. They give you tips on improving your strategy and/or accuracy if needed. You discuss how this shooting would look from a legal standpoint, and if necessary, you get the chance to repeat the scenario and do it better. This breakdown of the scenario is an invaluable tool, because in VR, you get a do-over. Not so in real life.

Another wonderful feature is its ability to track the mussel when drawing and firing multiple shots at a range target (draw, target acquisition, firing, re-acquisition between shots and holstering). Study the trace upon replay.

I strongly recommend this type of training. I believe that if the day ever comes when I must draw my gun to use it, I'll be far better prepared than I was before I discovered Virtual Safe Shot and the informative, encouraging instructors there. You can play scenarios over in your mind as much as you want, but this is as close to the real thing as you can get. And trust me – you, too, will probably discover that you aren't as ready as you think you are.

This is not a substitute for shooting your real firearm, but it's an incredible complimentary type of training. This is the level of tactical training that professionals get, and is now available to you in our area.

VSS has now added a second simulator which is portable. CCW instructors may want to contact VSS to have that unit brought into their classroom in Lincoln, Roseville or wherever your onsite training is held.

VSS is extending a 15% discount on simulator training to Lincoln Rifle Club members! Regular prices are \$30 for 15 minutes, \$60 for 40 minutes, Remember, there is NO ammunition to buy!!! 916-534-7330

No cost to drop by and see their facility – call first to avoid sessions in progress.



DILLMAN RANGE

WINTER HOURS BEGIN NOVEMBER 1

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ANNUAL AWARDS POTLUCK DINNER

JANUARY 28, 2017

MORE INFORMATION TO COME