



KINETIC ENERGY



March/April 2016

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ANNUAL POTLUCK/AWARDS DINNER

A HUGE SUCCESS

If you didn't have the opportunity to attend this year's annual potluck/awards dinner, you missed a good time. Over 150 people attended and brought some scrumptious dishes to share. We not only had elk stew, elk taquitos, mac & cheese, lasagna, and several delicious salads, we had and the largest selection of desserts EVER!

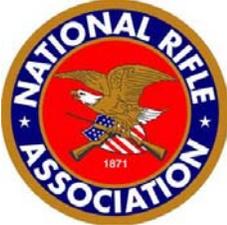
A good time was had by all as we awarded over 100 individual shooting awards and 11 match director certificates of appreciation. It was so nice to have almost all of the recipients at the event this year. It is always a thrill to see the faces of the families and friends as "their shooter" steps forward to be recognized for the past year's accomplishments. Nice shooting everyone!!

Also, we had a blockbuster raffle, earning the Club a very tidy sum to help us continue to have future family fun events. In addition to some quality shooting items, we included the traditional "AMMO CANS" as part of the raffle, containing one lucky ticket for a new Ruger 10/22 rifle. This year, the **Glenn Moeller** family found the lucky ticket in their ammo can. Congrats to the Moellers!!

It is at this event that we exchange signatures collected for our "Participation" and exchange them for tickets/chances to win the annual "PARTICIPATION FIREARM." For every signature you have collected on the back of your membership card, you earn a ticket and a chance to win. Some members were turning in their signatures for 20, 30, and even 50+ tickets!! This year **Mike Coad** was the winner, claiming a new Windham Carbon rifle, chambered in 5.56 caliber. Nicely done Mike and we look forward to seeing you shot that new gun at the Range.



Remember to mark your 2017 calendars for next years event. It is always held on the last Saturday of January. Don't be left out next year and remember to always get the match director or Club event chairperson to sign your membership card so you too can exchange them for a change to win the annual "PARTICIPATION FIREARM." Just ask Mike how good that feels.



WE ARE A 100% NRA MEMBER SUPPORTED CLUB. MAKE SURE YOUR NRA INFO IS UP TO DATE WITH CLUB HEADQUARTERS.

PRESIDENTS MESSAGE by LEONARD ZICK

As I reflect on our Club, many thoughts run through my mind and I would like to share some of these thoughts with you. Our Match Directors continue to give time and talent to provide a nice variety of activities for our Club members. Participation in our matches is at an all-time high. The “Katsuyamas” and “company” continue to do a stellar job with the Junior Division and each year the number of young shooters registering for this program grows. The Range Committee is back on mission after suffering an organizational set-back. The office is always busy taking care of membership, managing the business of the Club, keeping personnel and safety matters current, and the Range Safety Officers (RSOs) do their best to provide and maintain a safe shooting environment.

Membership in our Club continues to grow rapidly and although the political climate is responsible for much of this growth, I believe that our members continue to enjoy their association with like-minded individuals and groups. I believe that the mission of our Club is still valid and still describes the very heart of our Club, “...enjoy the shooting sport and fellowship...”

In April, our Club will hold its annual business meeting and it is at this time that the members will vote for four new members of the board, and three members of the range committee. As I reflect on the past, present, and future of the Club, I am seeing a trend with our membership. I realize that a very large percentage of our members only want to shoot at the range and go home. This is all well and good. This is good because “shooting is our business;” however, I also understand there is always a core group in any club that “makes it tick”, and continually does the hard work to make it run.

I am seeing less and less of the core group participating in the interworking of our Club. Instead, I see the small but dedicated number of members and/or employees sitting on the Board of Directors (BOD) working hard to keep the Club afloat. They continually strive to consider issues for the good of the Club and their value to the Club is great.

As we started seeing fewer and fewer Club members attending our monthly Club meetings (first Thursday of each month), the board suggested that we change our monthly meeting format in hopes of generating more interest. However, this has not seemed to help and our annual business meeting/elections are on the horizon. Our annual business meeting attendance in April 2015 also was lacking. Elections are being decided by a very small percentage of our members. Less than 45 votes were cast in 2015.

In 2007, the overall structure of our Club was updated to conform to the current California Code for “mutual benefit non-profits.” Daily business was placed under the direction of the Board of Directors (BOD). I have been told by at least one member that the membership lost control of the Club when the daily business as well as the future planning was placed in the lap of the BODs. But, in reality, the membership has the power to “remove a director” and so holds the ultimate responsibility for the Club.

Currently, the Club’s BOD members are active in the daily operation of our Club offering advice and direction for the good of the Club. Several of our BOD members are currently employed by the Club as our RSOs. They are available to you for discussions relative to Club business. I, too, am available to talk about Club issues. Just call Headquarters and ask for an appointment. All of our BOD members are happy to hear your thoughts and ideas.

With the current growth of Lincoln and surrounding communities, the board began to see that our current location would not likely survive the City’s General Plan. “Seeing the writing on the wall”, the Club realized that we needed to expand our membership base and to begin the search for a future location. We needed to form a 501C3 corporation that would be able to handle the fund raising necessary for a venture this large. To date, we have accomplished several of our original goals including our non-profit status, scholarships and program support. BUT, I begin to ask myself – Is our Club strong enough to beat the challenges of the future? Do we have enough members still interested in promoting the shooting sport into the future, and do we have enough members willing to give time and talent? The future of our Club and our sport depends on all of us doing our part.

JUNIOR DIVISION REPORT

Submitted by Steve Katsuyama

The beginning stage for new shooters (ages 8-20) is held on Monday nights at the indoor range at McBean Park. This is where shooters learn the basics of marksmanship and firearm safety. The Monday night shooters progress through the different stages of marksmanship eventually learning the different positions required for Precision Rifle competition, and begin their training, to compete at the Junior Olympian and National Champion levels. Lincoln has produced several expert Junior shooters during their history.



The beginning juniors are back at the indoor range, honing their skills as they progress through the NRA Marksmanship Program. Our cadre of volunteer coaches is doing an excellent job teaching them the skills needed to compete at the highest levels in the State.

The advanced team continues to excel this year! Since the last update, four athletes qualified to attend the National Junior Olympic Shooting Championships at the US Olympic Training Center in Colorado Springs in April. **Nick Stolarow** qualified in Smallbore, **Natalie Katsuyama** in Smallbore and Air Rifle, **Veronica Del Mar** in Air Rifle and **Lilly Polakovic** in Air Rifle. This is the premier shooting competition for the Juniors at which they will compete with the best Junior athletes in America!



Not to rest on his laurels, following the Junior Olympic qualifiers where **Nick Stolarow** was State Champion in smallbore, he followed up with the title in the Open Conventional Smallbore sectional with a near perfect 797/800! Matching her teammate's success in Smallbore, **Natalie Katsuyama** set two new National Records one in Sub-Junior Metric Smallbore kneeling with a 386/400 and the other in Sub-Junior Standing Air rifle with a match winning 584/600. Both of these Juniors' performances led the Team to titles in the Open Standing Air Rifle sectional and Open Metric Smallbore sectional over Sutter Union HS, the most recent in a very close battle—4441 to 4439! This is by far one of the best years that the Juniors have had in recent times and the depth that exists within the team continues to push each and every one of them to excel.

The local indoor season will continue through the end of March at which time the focus will transition to training for the National match competitions in the April and June. This is an exciting time for our Junior team as they continue to achieve success and National recognition for their efforts. The Junior team wants to thank the LRC club members for all the little things that you do-- from the coaches to the helpers that contribute their time and energy helping out where it help is needed. It truly takes our "village" to maintain the high level of performance and success that these young athletes are achieving!

REST IN PEACE



Mr. **Eugene E. Sligar**, a member of the Lincoln Rifle Club since 1958, passed away on December 12, 2015. Mr. Sligar was a resident of Roseville. He joined the Club 57 years ago and was made a "Life Member" of the Club on July 3, 1967. He served as Secretary of the Club during the initial filing of the Club's corporate papers in 1967. Eugene enjoyed the shooting sports and served as an advocate of the shooting sports by maintaining an NRA affiliation. So, for now, we say "so long" to Eugene and thank him for his service to the Club and the cause.



NOT JUST “ANOTHER” CLUB ELECTION



The Club will hold its annual **business meeting and elections on Thursday, April 7th**. We will meet at the Pavilion Building in McBean Park, and the meeting will start at 7:30 p.m.

Take a minute and ponder these words – Last April, five members were elected to serve on the board with less than 45 members casting votes.

Our Club is membership-based and is organized for the mutual benefit of its members. This is why the members elect the Board Of Directors (BOD). This elected board directly represents the members that elect them. The end result being “the board of directors” represents the desires of the membership. So, this year, make elections to the Club a high priority for you and for the future of our sport.

On April 7th, business meeting is scheduled to elect **4 members to the board; 3 members to the Range Committee; and one person to serve the board as the Property Officer**. Come and vote on April 7th.

You are eligible to be elected to the BOD if you are a member in good standing and have been a member of the Club for 1 year. Please consider serving if you are:

Interested in trying something new

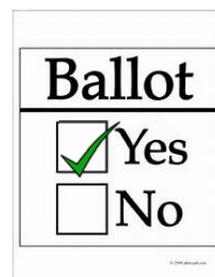
Are dedicated to the future of the sport

Are willing to use your talents toward the betterment of the Club

Willing to work through the details

Are willing to support all Club activities even if it is not your favorite discipline

We are all in this together, “... to enjoy the shooting sports and fellowship, to encourage good citizenship, good sportsmanship and safe handling of firearms, and to promote marksmanship and competitive shooting.”



WEEKEND TRAP MATCH REPORT

Submitted by Margaret Moore, Match Director

We have had some rainy days this year, impacting our trap matches, but we are not complaining. It looks like we are going to have a good spring and we will shoot between the raindrops, if necessary, to get in our matches. If the scheduled matches are cancelled due to weather, the Chief RSO and member shooters are notified via email as to the closure.

The weekend trap shooters were well represented at this year's annual potluck/awards dinner, with 5 shooters recognized for shooting "Perfect 25" rounds of trap. Recognized for this very difficult accomplishment were; **Wayne Crum, Bill McAlpin, Bob Morel, Anita Marquez,** and **Candy Dove.** Also, **Wayne Crum** claimed first place, **Garry Emond** took second place and **Anita Marquez** was recognized for her efforts in securing third place. An additional 8 shooters received certificates for completing the required 30 rounds of trap needed to qualify for Club awards. Very nice everyone!!



If weather permits, our match scheduled for Saturday March 12th will feature a **GREEN CLAYS** shootout in honor of St. Patrick's Day. All you have to do is break that pesky green clay when it flies out of the house to win a box of shells!! This is just one of the fun events we support throughout the year for members interested in shooting trap. Come on out and give it a try; sounds easy doesn't it??

As always, we meet on the first Sunday and second/fourth Saturdays of each month to shoot trap. We open the house at 9:00 am, (8:00 am beginning Sunday, April 3) and shoot as long as we have members interested in taking their chances at breaking the clays. Although this is a Club match, we welcome public shooters, however, they are not qualified to receive any special gifts or participate in any of the Club supported drawings. Also, we do not record the scores of non-members, therefore, they are not qualified for annual awards.



Shoulder that shotgun, and we hope to see you at the trap house real soon.

AMERICAN LEGION ANNUAL TRAP SHOOT

The American Legion annual fundraising trap shoot will take place on Saturday, April 23rd, at the Dillman Range, in Lincoln. All proceeds will be going to benefit the Lincoln High School shooting sports programs. New this year will be the offering of "team" competition. You can register to shoot as a single shooter (\$30) or as a 5 member team (\$125). Your registration fee will include one round of trap, lunch, and a drink. Also, the Legion will be sponsoring a raffle of sports and shooting gear. Awards will be given to the Best Team, Top Individual Female shooter, Top Individual Male shooter, and Top Youth shooter. If you are interested in participating, contact Jim Beswick at 916-645-0618, or commander@lincolnlegion.org.



The Lincoln Shooting Sports Foundation is proud to partner with the American Legion in their efforts to provide this very family fun shooting event. The fun starts at 9:00 am and is scheduled to be over by 12:00 pm. Get a team together and support the Legion.

AT THE RANGE WITH PHIL AND GEORGE

Submitted by Phil Pennington, Chief Range Safety Officer

Spring is here and occasional rain can cause closures to the Dillman Range. The attending Range Safety Officer (RSO) on duty will change the recorded message at the Range office when a closure occurs. If in doubt about daily hours of operation or rain closures please call the Range office number; 916-645-9350 for the most up to date Range operating hours information.



With both increased weekend and week day Range attendance, the parking lot becomes quite crowded. Please use caution when entering and exiting the Range parking lot area. Also, please reduce your speed in the parking lot area, as we have shooters exiting their vehicles to access the shooting bench areas. Often times, they are carrying firearms and equipment and may not be aware of your presence.

We have several Club matches resuming in March. A very comprehensive match calendar is posted at the Range, located just outside the Range office. The calendar is color coded indicating the various matches days and times conducted at the Dillman Range. Club- sponsored matches may create closures of the Range, limiting LRC membership and public access. Be sure to check the calendar prior to planning your next visit to the Range.



On the first Saturday of each month, the Dillman Range is closed to shooting to allow for monthly maintenance, and the multi-gun competition(s). Monthly maintenance crews, under the recent direction of **Fred Deome**, have done a great job keeping our Range in tip top shape, especially with the brass deflection screens and target frames. It really does take EVERYONE to pitch in and offer assistance to keep our Range clean and safe for all who use it. If you are looking for an opportunity to earn your annual work credits, this is a great way to support the Club. Maintenance efforts begin at 8:00 am, on the first Saturday of each month.



Thanks to all participants and we hope to see you.

As always, keep your finger off the trigger until your target is in your sight; know your target and what is behind it. See you at the Range...

ANNIE GET YOUR GUN COMING SOON!!

THIS EVENT IS BEING OFFERED TO ANY LADY WISHING TO EXPERIENCE THE "ACTION" AND "CHALLENGES" OF MULTI-GUN SHOOTING. EACH SHOOTER WILL BE PROVIDED INSTRUCTION/COACHING IN THIS VERY POPULAR AND EVER-GROWING SHOOTING DISCIPLINE!

CIVILIAN MARKSMANSHIP PROGRAM

Submitted by Chuck Riglick, Match Director

Hello Civilian Marksmanship Program (CMP) shooters and Lincoln Rifle Club (LRC) members. I have two matches to report on, information on our ammo allocation, and some technical stuff about an ammo safety hazard.



Since the last newsletter, we have had two CMP matches. On January 9th, the weather looked threatening, but four veteran shooters braved the conditions and shot under dark skies. Normally, Len Riotto of Paradise, CA scores in the 280's with his M-1 Garand, however on this date, he was plagued by "rear sight walk" (the recoil notching down a rear sight with a loose screw) with each shot. None of us shot scores that came close to a National record, but we had lots of fun. Go figure, just as we were completing scoring our targets, and putting away our rifles and equipment, it started raining!

Unlike our January match, the February 13th match had perfect spring-like weather. Our club's **Dan Campbell** shot the highest score in the unlimited Garand category with a 271-5X (bronze pin). We welcomed a new shooter who borrowed my rifle and purchased ammo from our new club allotment of CMP ammo. He was very happy to shoot an M-1 and we hope he will join our Club.

The LRC received an ammo allocation from the CMP, which is to be used at our Range only for sanctioned and approved matches. The ammunition is a very good Greek/NATO 30-06, M-2 ball with an HXP- 1970's headstamp. It's Boxer primed, if a shooter saves the brass. The club was authorized to buy 800 rounds at a cost of 61.2 cents per round. During a match, the Club will sell the ammo for \$15.00 per 20 rounds. This is a very reasonable way for a new shooter or non-reloader to take part in our matches.



Recently, I read an article concerning a safety hazard using 5.56 X 45mm ammo in a rifle chambered for .223 Remington. The article is published in the Jan./Feb. CRPA Firing Line, a publication of the CA Rifle and Pistol Assoc. The article is written by Bruce E. Krell, PhD. In a nutshell, concerning the article, the 5.56 cartridge develops 77,957psi chamber pressure. That is a whopping 42 % more than what the .223Rem. chamber is designed to take. The article states: "free-bore length of the 5.56mm chamber is 0.0250" greater than the .223 chamber". "That is the key difference which enables a 5.56mm cartridge to safely discharge in a 5.56mm chamber." I mention this warning because many shooters buy surplus 5.56 and use it in their Mini-14's and AR-15's. After reading this article, you will see they are not the same. Rule: you can shoot a .223Rem in a 5.56mm chambered rifle, but you SHOULD NOT fire a 5.56mm cartridge in a rifle chambered for a .223 Rem. The author also warns AR-15 buyers of "off brand" uppers that manufacture barrels stamped 5.56, but are really .223 Rem. He suggests having a gunsmith use a 5.56 reamer if you want to shoot 5.56 ammo.



FROM THE BOARD ROOM

Submitted by Barbara Webster

The **January 11th** meeting of the Board of Directors (BOD) was held at Club Headquarters at 7:00 pm. Chairman **Leonard Zick** called the meeting to order and the following members of the board were present: **Phil Pennington, Bill Dayton, Len Valasek, Mike Davis, Jason Turner, Steve Katsuyama, and Dennis Bizeau.** **George Rodriguez** was absent. A quorum was established with 8 of the 9 elected board members present. Other attendees included **Terry Wildman, Robert Cristoni, James Louch** and **Barbara Webster.** The BOD agreed to revise the existing Hold Harmless Agreement following the guidelines of the Club attorney. The key exchange program has started to replace the lock and key at the front gate of Dillman Range. **Fred Deome's** offer to supervise the Saturday maintenance day activities was accepted enthusiastically. Two new members were appointed to the Range committee. Please welcome **Lynn Enright** and **Fred Deome.** **Mark Porco** has been appointed to assess the "signage" on the Dillman Range.



The **February 8th** meeting was also held at Club Headquarters at 7:02 pm. Chairman **Leonard Zick** called the meeting to order and took attendance. Along with Mr. Zick, the meeting was attended by **Phil Pennington, Bill Dayton, Len Valasek, Mike Davis, Steve Katsuyama, Dennis Bizeau** and **George Rodriguez.** **Jason Turner** was absent. A quorum was established with 8 of the 9 elected BOD members present. Other members present included **Terry Wildman, Robert Cristoni,** and **Barbara Webster.** The Range Utilization Committee is meeting regularly and analyzing the different aspects of the range operation. The BOD has received a request from **Robert Cristoni** for permission to hold a training class specifically for drawing from the holster. This request is being considered. All agreed that the January Potluck was a big success and enjoyed by all.



CURRENT LRC SPONSORED MATCHES

Cast Bullet—Terry Wildman, Match Director—trwildman@gmail.com



Civilian Marksmanship Program—Chuck Riglick, Match Director—cpriglick@yahoo.com

Club High Power—Ryan Watts, Match Director—rk5150@gmail.com

Conventional Pistol—Bob Radtke, Match Director—sharp1shooter@sbcglobal.net

Junior Division Matches—Steve Katsuyama—sskats@aol.com

Ladies Night—Gary Binder, Match Director—gary.binder@comcast.net



MGD Activities/Matches—Dan Robinson, Match Director—dan@sierrasafetyco.com

NRA High Power—Ryan Watts, Match Director—rk5150@gmail.com

Sporting Rifle—Kent Dove, Match Director—hypower_@hotmail.com



Weekend Trap—Margaret Moore, Match Director—moorem2@sbcglobal.net

DON'T FORGET TO ATTEND THE ANNUAL BUSINESS MEETING SCHEDULED FOR THURSDAY, APRIL 7, AT THE PAVILION BUILDING IN McBEAN PARK @ 7:00 PM.



**WEEKEND TRAP BEGINS AT 8:00
STARTING SUNDAY, APRIL 3**



SUNDAY, MARCH 13