



KINETIC ENERGY



July/August 2013

PRESIDENT'S MESSAGE, by LEONARD ZICK



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HAPPY BIRTHDAY AMERICA! It has been said before, the creation of our Constitution and Bill of Rights have all elements of a miracle. Our forefathers were a very diverse group of individuals. They brought to the table different thoughts, ideas, and lifestyles. We, as Americans, have come a long way since 1776. In studying the framing of our Constitution, you soon realize what tremendous writings are contained in these documents.



Regardless of the technology we enjoy today, some things never change, nor should they. We all need to remember that we live in a Republic, not a democracy, and treasure the importance of the words, "WE THE PEOPLE".

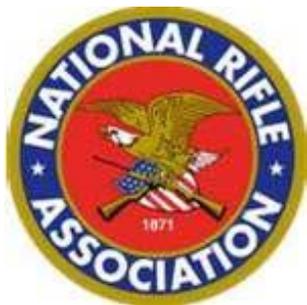


Lately, we hear that we should not live in the past, but embrace a more progressive mindset. However, the phrases, "political correctness", "for the good of the collective" and reference to our Constitution as a "living document", just do not fly with me. GOD, GUNS, and GRIT, was how America got its start and what I believe will keep us together today. Independence Day is a time to reflect. We need to remember who we are as Americans and from where we came.

I feel that as firearm owners we need to remind our family, friends, legislators, and judges, that without the Second Amendment, the content of the Constitution and Bill of Rights is just so many words.

In the words of the NRA: "STAND UP AND FIGHT!" See you at the Range!

GOD BLESS AMERICA!



THE PONY EXPRESS

Submitted by Margaret Moore, Kinetic Energy Editor

I recently returned from a trip to the Southwest and was taken with the numerous memorials that have been dedicated to the Pony Express and its influence on the United States. There were so many little “roadside paragraphs” of information; I felt I needed to do additional research to satisfy my new curiosity. In that light, I have decided to put together a small article about this remarkable period in our history.



The Pony Express was in operation for only 18 months, during the years of 1860 -1861, and was never a financial success. The expenses needed to operate the Pony Express, spelled the end of the fortunes of the men who operated it. Yet few enterprises in American history have had such a hold on the popular imagination as the Pony Express, and interest in it continues to this day.

The route of the Pony Express stretched almost 2,000 miles across a wilderness, and took the use of about 75 horses to complete. The rider used three different changes of horses to make about 75 miles, although the distance varied according to the weather and terrain.



“Home” stations were established anywhere from 65 to 100 miles apart, while “relay” or “swing” stations were about 25 miles apart; later being reduced to a distance of 12 to 15 miles apart. The distance varied according to the difficulty of the terrain. Home stations were usually those shared by the stage-coaches of the Overland Mail. Relay stations were not much more than tents, shacks, or dugouts, with one or two men, established near a source of water. Along the less-settled parts of the route, the station keepers lived in unbelievably harsh conditions and isolation, subject to storms, thirst, attacks by Indians, and loneliness. Riders, on the other hand were acclaimed as popular heroes.

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The Pony Express was expensive-to mail a letter cost \$5.00 in gold per ounce. Later the use of special lightweight paper reduced the cost to \$2.50, and still later it was reduced to \$1.00 a half-ounce. The “Pony” also carried newspaper dispatches. The mail was wrapped in oiled silk to protect it from rain and the sweaty horses, although this was hardly effective when the horse was forced to swim a river. The first riders used saddlebags, but later the company developed the *mochila*-Spanish for knapsack. About the size of a horse blanket, this was a single piece of leather with four pockets and a hold for the saddle horn. The *mochila* was thrown over the saddle and the rider sat on it, so it didn’t need to be attached to the saddle and could be quickly changed. Each *mochila* carried from 12 to 15 pounds of mail.

There are few American images in history as recognizable as the Pony Express rider on his racing steed, saying to himself, “The mail must go through!” There were never more than 80 or so riders, although hundreds later claimed the honor. It wasn’t for lack of applicants-when the call went out for 50 riders, over 200 hopefuls showed up. Naturally, small, lightweight men were preferred. It was reported, the youngest rider was only 13 years old. Each man was given a calf-bound bible, and had to swear the oath of the Pony Express. They were at first paid only \$50 a month, although that was later raised, and those who had to make longer rides during an emergency sometimes got bonuses. The work was dangerous and several riders were killed in falls.



THE PONY EXPRESS, CON'T.

In June, 1861, Overland Telegraph Company crews planted their first pole east of Fort Churchill, Nevada. Constructing a new telegraph station every 50 miles of wire cut off five hours of riding. On July 26, 1861, the line reached isolated Sand Springs Station in Nevada; by August 8 it was at Reese River Station, a hundred miles further east. The need to get news from the East coast to California was essential for the continued growth of America. Interestingly, Pony Express use went up as the telegraph lines neared completion, because people wanted faster service. The secession crisis was the worst the country had ever faced, and people in the West wanted to know each new development as soon as possible. The "Pony" riders carried telegrams between the ends of the wires, but still carried letters, newspapers, and other mail the entire distance until the end.



On October 26, 1861, the first news dispatch was sent coast to coast via telegraph. The last Pony Express package was delivered in November, since everything in transit had to be delivered. Shortly thereafter, a bill was passed by Congress authorizing the Overland Telegraph, including a provision that discontinued the Pony Express. After only 18 months of operation, the riders had made 308 rides each way—a distance totaling 616,000 miles—carrying almost 35,000 pieces of mail.

NOTE: There are six sculptures of Pony Express riders, commemorating their contributions, located throughout the nation. One is located in Old Sacramento, directly across the street from the old B. F. Hastings Building. The other sculptures are located in St. Joseph, Missouri; Marysville, Kansas; Salt Lake City, Utah; Reno, Nevada; Harrah's Casino in Stateline, Nevada.

JUNIOR DIVISION REPORT

Submitted by Steve Katsuyama

The beginning juniors are currently on summer break, though we are not far from the start of the new season in September. We had over 80 juniors participate in the program last year, with 18 competing statewide and nationally.

In July, the advanced juniors are traveling back to Anniston, AL, to compete in three different National Championship matches; the NRA Jr. Airgun Championships, the CMP 3-position air rifle Junior Olympics, and the CMP 3-position air rifle National Championship matches. Lincoln qualified two teams for this year's matches, illustrating the depth and strength of the Junior program.



Once the Juniors return from Nationals, the group will be starting up the next fundraiser to help defray the cost of travel to their National matches. They will be selling raffle tickets for a Ruger LCR in .38 special, starting at the August membership meeting. You are encouraged to come out and buy tickets for a chance to win a great concealed carry gun and to help support the Junior program!

MULTI-GUN DIVISION REPORT

Submitted by Dan Robinson, Defensive Multi-Gun Match Director

Our June match was host to a *3-Gun Nation* style match. Everyone enjoyed the different format and type of competition. We will be holding 3 more of this type before year end. By holding 4 classifier matches we will qualify for special prize drawings donated by *3-Gun Nation Club Series*. Also, this type of competition invites shooters from outside our current list of competitors. The outcome of these 4 classifiers can qualify some of our shooters to be invited to compete in a national event held in Las Vegas early next year.



The name, Multi-Gun Division is somewhat obvious; competitors use three different firearms -- a modern sporting rifle (MSR), that is, a semi-auto center fire rifle, a pistol; and a shotgun. Matches generally involve courses where the shooter must physically move through different stages while engaging targets in a variety of different positions, all the while encompassing various stage props. Props can include entering a stage through a doorway, engaging targets from behind barricades, maneuvering around apparatuses and etc. Each stage will generally require the use of different firearms and require the shooter to transition between them.



The targets might include clay pigeons, cardboard silhouettes, steel targets of varying sizes and anything else the stage designer designates as a target. Distances of the targets might vary from 1 yard to 100 yards or anything in between. The shooter who hits the most targets accurately-- and avoids certain "no shoot" ones -- in the least amount of time is the winner.

The Multi-Gun Division match is always held on the first Saturday of each month, rain or shine, with our next match scheduled on July 6th. Come on out and watch the action. Maybe you will get the urge to join us at a future match. If you do decide to compete, we require first time participants to take a training class with **Mark Hixson**. Mark is an accredited instructor in 3-gun competition, and can be reached at: mark_hixson1@yahoo.com. We look forward to seeing you at the Range. Always remember: EYES AND EARS are required, even for the observers.

PERFECT..... TIMES THREE (3)

Submitted by Margaret Moore, Weekend Trap Match Director

On Saturday, June 8, three members of the Lincoln Rifle Club shot "PERFECT 25" scores during our Weekend Trap Match. It is extremely rare for us to see a single "Perfect 25" score during a relay, so to have three members shoot a "PERFECT 25" round during the same relay was really exciting. I was keeping score and my pencil could hardly make the marks. This was the first-ever perfect relay for **Anita Marquez**, the first this season for **Robert Warn**, but this was the 4th "PERFECT 25" score for **Wayne Crum** this year. We invite everyone to come out and join us in the fun and try your hand (shotgun) at breaking those pesky orange clays. Currently, we are conducting our Summer Raffle Shoot-out, where LRC member shooters can earn raffle tickets for a prize valued at \$100, to be awarded the first Sunday in September.



ARLINGTON CEMETERY – TOMB OF THE UNKNOWN SOLDIER

How many steps does the guard take during his walk across the tomb of the Unknown and why?

21 steps-alluding to the 21 gun salute which is the highest honor given any military or foreign dignitary

How long does he hesitate after his about face to begin his return walk and why?

21 seconds for the same reason as the answer above

Why are his gloves wet?

Gloves are moistened to prevent his losing his grip on the rifle he carries

Does he carry his rifle on the same shoulder all the time and if not, why?

He carries the rifle on the shoulder away from the tomb. After his march across the path, he executes an about face and moves the rifle to the outside shoulder

How often are the guards changed?

Guards are changes every thirty minutes, twenty-four hours a day, 365 days a year

What are the physical traits of the guard limited to?

For a person to apply for guard duty at the tomb he must be between 5'10" and 6'2" tall and his waist size cannot exceed 30 inches. They must commit to 2 years of life to guard the tomb, live in a barracks under the tomb, and cannot drink any alcohol on or off duty for the rest of their lives. They cannot swear in public for the rest of their lives and cannot disgrace the uniform or the tomb in any way

After two years, the guard is given a wreath pin that is worn on their lapel signifying they served as guard of the tomb. There are only 400 presently worn. The guard must obey these rules for the rest of their lives or give up the wreath pin.

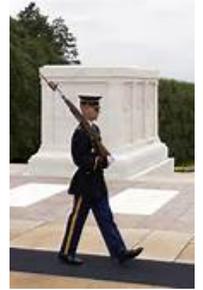
The shoes are specially made with very thick soles to keep the heat and cold from their feet. There are metal heel plates that extend to the top of the shoe in order to make the loud click as they come to a halt.

There are no wrinkles, folds or lint on the uniform. Guards dress for duty in front of a full-length mirror.

Every guard spends five hours a day getting his uniforms ready for guard duty

The first six months of duty a guard cannot talk to anyone or watch TV. All off duty time is spent studying the 175 notable people laid to rest in Arlington National Cemetery. A guard must memorize who they are and where they are interred.

In 2003 as hurricane Isabelle was approaching Washington, D.C., US Senate/house took 2 days off in anticipation of the storm. On the ABC Evening news, it was reported that because of the dangers from the hurricane, the military members assigned the duty of guarding the Tomb of the Unknown Soldier were given permission to suspend the assignment. They respectfully declined the offer, "no way, Sir!" Soaked to the skin, marching in the pelting rain of a tropical storm, they said that guarding the tomb was not just an assignment; it was the highest honor that can be afforded to a service person. The tomb has been patrolled continuously, 24/7 since 1930.



AT THE RANGE WITH PHIL

Submitted by Phil Pennington, Chief Range Safety Officer



THE HEAT IS ON! Recent days at the Dillman Range have seen temperatures over 100 degrees. Warmer temperatures not only affect firearm chamber pressures but also can adversely affect our mind and bodies. Heat prostration can and does sneak up on you causing cramps, heavy sweating, weak pulse, blurred vision, confusion and loss of consciousness. Proper hydration and clothing suited to elevated temperatures and shade will help avoid heat related problems. Please use caution during these forthcoming warm days.

With ammunition currently in short supply and prices at all time high, it encourages what I refer to as “rolling your own” or “home grown” so to speak. The process of reloading your own ammunition can be a rewarding experience and tremendous savings compared to retail prices. The fine tuning of a round to a specific firearm is our ultimate goal. However, reloading can be inherently dangerous if proper steps are not followed. Experienced reloaders sometimes have lapses in the safety process that can result in very serious consequences. If reloading your own ammunition, **ALWAYS USE CAUTION.**



If you are just starting or you are an experienced reloader, take the time to read or re-read your manual. Personally I rely on two manuals, both Speer and Lyman. It is important that you check and recheck the powder, primer, brass and bullet specifications each and every time you start the process. Don't rely only on memory, and always label your finished rounds. Avoid distractions, drugs, and/or alcohol during the reloading process. I personally do not reload for others, as I am often asked to do, and I do not use other people's reloaded ammunition. Take the time to be safe and enjoy your finished product.

As always, keep your firearm pointed in a safe direction with your finger off the trigger until your target is in your sights and know what is behind and beyond your target. See you at the Range and remember to hydrate.

NO LRC MONTHLY MEETING IN JULY!!

GIVE ME LIBERTYOR GIVE ME CARDBOARD

Yep, we have a new “partner” in our efforts to provide our shooters with quality backboards for their shooting targets at the Dillman Range. When I recently purchased a new (larger) gun safe, the folks at Liberty safe in West Sacramento offered me a product MADE IN USA, delivered it and set it up. In addition, they were so kind as to move my existing safe to its new location at my daughter's house. While we were chatting I mentioned the LRC and they informed me they would be willing to provide us with cardboard. If you are looking for a new safe, I recommend you give them a chance to fill your needs, and generate more cardboard for our Club. Win, Win all the way around!!!

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CIVILIAN MARKSMANSHIP PROGRAM REPORT

Submitted by Chuck Riglick, Match Director

The last Civilian Marksmanship Program (CMP) match was held on Saturday, June 8th. Eight shooters competed with 7 using M-1 Garand rifles, and 1 using a '03 Springfield. The CMP matches will be taking a three month break, allowing "deer hunter sight in" activities to take place at the Dillman Range. This usually draws several public hunters in preparation for deer season.

During the past match, I experienced some difficulties with my rifle. My extractor snapped putting an end to my session. In looking for a replacement part on the internet, I was surprised to see that one popular vendor listed the tiny part for \$50! When I did a little more searching, I found a vendor selling surplus U.S.G.I. parts and the extractor was "only" \$19. If you need Garand parts, try www.ammogarands.com. The actual name of the outfit is called Pack Rats Collectibles LLC.

While in Massachusetts visiting family, I had the wonderful opportunity to visit the Springfield Armory National Historic Site. On display were hundreds of weapons, test results, instructions on how to make cartridge cases, bullet jackets, machinery, US issue weapons throughout our history, a National Match section, and a Civil War "contract carbines" section....Wow! I highly recommend you put this on your schedule if you are ever in Massachusetts. The next scheduled CMP match will be held on October 12, followed by our last match of 2013, scheduled for November 9th. We hope to see you there.



RANGE COMMITTEE REPORT

Submitted by Robert Warn, Range Committee Chairman

Well, it's that time of year! Time to start working on the calendar for next year's events and matches. We are always looking for new ideas, so, if you have an event or match you would like to schedule please submit your requests to the Range committee for consideration. You can get the "match request" forms from Club headquarters. Upon completion, send your requests to Robert Warn at rwarn@surewest.net.

Something you may have noticed at the Range is the increased number of women shooters. They are participating in trap, defensive multi gun, and assorted pistol and rifle competitions. They are doing really well. In addition, the junior division girls are also doing very well. So, if someone says "you shoot like a girl", consider this a compliment, I know I do. It is anticipated that in October LRC will begin offering NRA Basic Pistol classes, designed with women in mind (men are also welcome). The classes are taught by NRA certified instructors and LRC members, **Margaret Moore** and **Barbara Webster**. Keep your eyes open for the announcement.



The Lincoln Rifle Club is going to have the representatives from Savage Arm at the Dillman Range on August 10th from 9AM till 3PM. This would be a great opportunity for you to test out their rifles. Savage Arms will be supplying the rifles and the ammo. It will be a great time to try something new.

The Range is looking good. I want to thank you for all of your help in keeping our shooting venue clean and safe. We will continue to support Range maintenance days on the first Saturday of the month. This is a good way to fill your work assessment commitment. There are several "jobs" available including, but not limited to fixing frames, cutting cardboard, and berm maintenance. This is also a good time to attack those pesky weeds and grasses. See you July 6th at 8AM.

SUPPORT OUR SPORT (S.O.S)

Efforts are underway to begin putting together the Club's annual Support Our Sport (S.O.S.) dinner and auction fundraiser. Once again, the event will be held in the Pavilion Building in McBean Park. Ticket prices will hold steady at \$30 per person, \$15 for children 13 and under with a Super Sponsor package available for \$250. The event is scheduled for Saturday, September 14th, at 6:00 pm. Tickets will go on sale in July. Keep in mind that last year we **"SOLD OUT"** and had to turn folks away, so mark your calendars and make sure you purchase your tickets early.

We will continue to feature our "not your ordinary auction", offering unique and original items for bid. Donations are the life blood of a successful fund raising event and your contributions are needed! Do you have a treasurer just waiting for someone to take it home and make it their own? If you do, let us know. In the past we have had great donations. Some didn't look like much when we got them, but with a little love they took on new life and became someone's new treasurer. Please look around your garage, barn, attic, or basement for what could be the star of our auction. You just never know what is hiding under that old blanket.

Once again we will be offering a **PRE-EVENT** drawing for 6 firearms. You do not need to be present at the S.O.S. dinner to claim these prizes. These tickets will also be available for sale in July. This was such a great success last year and we hope to continue the enthusiasm into this years fundraising efforts.

The planning committee is just getting started, and we can always use your help. Our biggest need is for people who are willing to reach out to the community for donations that are suitable for raffle prizes or auction items. We are also looking for folks to help set up before and clean up after the event. If you would like to help out, send us an e-mail to lincolnrc@sbcglobal.net or call 916-434-0308.

CLUB HEADQUARTERS WELCOMES NEW STAFF



As the Lincoln Shooting Sports Foundation/Lincoln Rifle Club continues to grow by leaps and bounds so does the need for staff to take care of our “business.” The Club has added two new members to our headquarters staff. Please welcome **Billie Helms** as the new Safety and Compliance Officer and **Jennifer Soost O’Callaghan** working to provide general office assistance.

Billie has been a member of the LRC for many years and brings the organizational skills and tenacity needed to help our Club comply with the many local, state, and federal requirements for a club of our size. We will be able to continue to provide the safe shooting venue that we have become accustomed to under Billie’s guidance.

Jenny (Jen) will be on hand to answer general Club questions as they relate to shooting events, hunter safety, membership, and range operations. If you have any questions regarding your membership, range hours, or want to sign up for hunter safety, contact Jen at Club headquarters and she will assist you. If she can’t answer your question(s), she knows who to contact.

Barbara Webster continues to fill the very critical position of Chief Financial Officer and provides guidance and advisement to the new staff. We hope the addition of headquarters staff will provide our Club and its members the support and guidance needed to support our members and the public. The next time you have Club business, come on by and welcome the new staff.



FREE AMMO

..but only to be used when you come to the Dillman Range to test fire the products provided by **Savage Arms**.

WHEN: AUGUST 10, 2013 9:00 AM—3:00 PM

WHERE: DILLMAN RANGE

WHO: **SAVAGE ARMS**



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ALLISON JAMES
ESTATES & HOMES

**THERE WILL BE NO
MONTHLY MEETING IN
JULY DUE TO THE
HOLIDAY!!**

