



KINETIC ENERGY



January/February 2013

**ANNUAL AWARDS
POTLUCK DINNER
JANUARY 26
6:00 P.M.
PAVILION BUILDING
MCBEAN PARK
SEE NOTICE INSIDE
THIS ISSUE**



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PRESIDENT'S MESSAGE, by LEONARD ZICK

Boy! Where to start? As I write this column a thousand thoughts are running through my mind.

First off, trying to make sense out of the terrible tragedy that occurred in Connecticut is impossible. If you listen to the news, they would lead you to believe that this type of horrific incident could be prevented by banning all "assault" rifles and high capacity magazines. As firearm owners, it is implied that we too are somehow to blame for the continued increase in violence in our society. As stated by the NRA, this is not an "approaching" storm, this storm has arrived!

For some members of government, the Connecticut shootings might accomplish what "Fast and Furious" could not; the establishment of gun control legislation. We see and hear an increase in conversation regarding the renewal of assault weapon bans and the development of stricter firearm possession laws. I am extremely pleased to see the NRA, specifically Wayne LaPierre, speaking out in defense of firearms owners. I thought it was extremely wise of LaPierre to defer comments until several days after the incident.

I realize with these words I am "preaching to the choir." I am asking you now, more than ever, to join pro-gun efforts. Represent your sport with pride and continue to exercise your Second Amendment rights. This is not a time to be silent, let your voice be heard! Contact your legislators and let them hear from responsible firearm owners!

Also on my mind is our upcoming year. I want to encourage all of you to take part in the many matches supported by the Club. Come out to the Range and enjoy the shooting sport; meet new people, improve your skills and get acquainted with a shooting discipline you may not have tried in the past. In some instances, the Club has firearms to loan. This is our way of making sure you have the opportunity to expand your shooting experiences. We also have experienced shooters willing to "coach" you and make sure you have a good time. If you are an experienced shooter, well, toe the line and let's see what ya got! In either instance, come on out to the Range and let's have some fun. Happy New Year, stay safe, and we will see you at the Range!

Lincoln Rifle Club & Junior Division

35th Annual Potluck Awards Dinner

On Saturday, January 26th, all LRC members, friends, and families are invited to attend our 35th Annual Potluck Dinner & Awards Ceremony at 6 p.m., in the Pavilion building located at Lincoln's McBean park. This free activity has long been a Club tradition designed to bring together the membership for an evening of fun and entertainment.

Following dinner, we will present the annual Zick Service Award, the Ron Wyatt Award, and the John Easterly Service Award, as well as other awards to members who have participated in Club shooting event throughout the 2012 shooting season.

Next up will be the Participation Program prize(s) and there will be MORE THAN ONE OF THEM THIS YEAR, by popular request! Bring your signed Club membership card(s) from the 2012 shooting season to quality for your raffle tickets.

Door prizes will be given, just for showing up and having a good time!!

The Club's traditional "BIG RAFFLE" will have a variety of items (most pertaining to the shooting sports). Included in the 'big' raffle will be the traditional Ruger 10/22 rifle. Tickets for the raffle will be sold at the event. Remember, you can't win if you don't play!!

Please bring a dish that will serve six or more, along with the appropriate serving utensils. We will have extension cords for crock pots etc. The Club will provide plates, utensils, coffee, and drinks. The schedule for food donations is as follows:

IF YOUR LAST NAME BEGINS WITH

A—F bring a main dish

G—M bring a dessert (we love chocolate)

N—Z bring a salad, side dish, or bread/rolls

The prizes are great, so we hope to see you and your family at the dinner!! Bring a high chair if you will be needing one. There is no need to R.S.V.P.

AT THE RANGE WITH PHIL

Submitted by Phil Pennington, Chief Range Safety Officer

The New Year prompts reflections of the past year. This past year proved to be the absolute best year yet for activity and improvements at our Dillman Range. Also, during 2012, we generated more revenue than in any years past. Many thanks are in order for all of you who keep our Club moving toward the future and especially to those of you who keep our day to day activities running so smoothly. Commitment to our Clubs future is in the hands of the membership. With that said I would like to see an increase in meeting attendance, match attendance, and volunteerism.

Now on to the Dillman Range; I would like to offer a reminder to please not staple target frame cardboard backs to the target frames. The staples left after the used cardboard is removed snags clothing and will puncture your hands. Please make use of the wooden wedges to secure your cardboard backs. While on the subject of cardboard, if you replace shot out cardboard with new cardboard, please bring the old cardboard out of the frame room to the attending Range Safety Officer (RSO) for disposal. Don't place it behind the new supply. The response for cardboard and frame construction and repair has been a huge success. Thanks to all of you who willingly give of your time and energy to keep us supplied with cardboard backs for our targets.

We continue to experience a high volume of use at the Range. The time needed for new firearm ownership and proficiency training continues to grow and impact us on weekends at our Range. Please be patient and understanding if you are placed on a waiting list. Generally speaking, your waiting time will not exceed twenty to thirty minutes. Currently our range closes at 4:00 PM. However, as the daylight hours lengthen the Range hours will likewise be extended.

As Chief RSO, I would like to reassure all of you that our RSO staff is not only at the Range to ensure your safety, but also is there to hear any and all suggestions you may have for the betterment of our facility. If you have an idea or suggestion, please do not hesitate to share it with our RSOs, or submit it to our Club headquarters for consideration. Also, on a personal note, I would like to thank the membership for the support and confidence you have placed in me as a member of your Board of Directors.

As always please keep your finger off of the trigger until your intended target is in your sights and make sure you are aware of what is beyond your target.

Have a happy, healthy and prosperous New Year.



ATTENTION LINCOLN HILLS RESIDENTS

There is growing interest among the residents of the Lincoln Hills area in forming a group of folks interested in rifle and/or pistol shooting activities. Also, interest is growing for information sharing and support in the area of reloading. If you are interested in forming a group dedicated to the shooting sports and supporting activities, please contact **Kirk Lubbes** at 916-543-9959. It is my understanding that participation in this group is not exclusive to Lincoln Hills residents. All are welcome.



DEFENSIVE MULTI-GUN MATCH REPORT

Submitted by Dan Robinson, Match Director

The DMG Match ended this year with a very wet match. We had 24 rain soaked competitors, but we prevailed against the elements. December's match was another great experience for all who participated.



If there is one industry that Barrack Obama has stimulated it's the firearms industry. Firearms sales have increased by 30% since President Obama took office. The demand for AR15's has out-stripped inventory, leading to backorders and long lead times. Has the threat of restrictions scared you into buying an AR15? Well don't just buy an AR and stick it in the gun safe. Get out and enjoy your new AR. We invite you to participate in our Defensive Multi Gun (DMG) competitions held on the first Saturday of each month; rain or shine. All you need to have to dive into the world of 3-gun shooting is your pistol, a shotgun, and your new AR.

The action shooting sport of 3-Gun is a sport that requires some dedication. This discipline of shooting competition will offer rifle targets from 1 yard to 100 yards. Pistol stages are as challenging as any at an IPSC World Shoot; shotgun challenges range from pure speed shoots on steel targets, to thrown clays ala sporting clays or shooting slugs at long range. Often these challenges occur within the very same scenario!

Sounds exciting, because it is! If you have never participated in a 3-gun match, come on out to the Range on the 1st Saturday of every month, rain or shine, and watch the fast moving multi gun competition. Be careful you may end up hooked on this sport and have the desire to buy a new AR. Remember; eye and ear protection always required, even for the spectators. See ya there!



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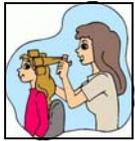


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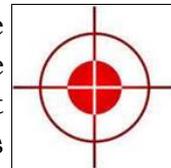
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HOLOGRAPHIC SIGHTS FOR SALE

Club member **Anita Marquez** is offering a Truglo Open DOT sight with 2 colors and 4 shape choices for sale. The sights have a wide field of view with a 24 x 34 window. The holographic sights can be attached to either a long gun or a handgun. They are “like new” and the asking price is \$50. Also available for sale is a medium sized varmint front rest bag that fits the Caldwell “ROCK” or other front shooting rest. Asking price is \$10. If you are interested in either if these items, contact Anita at 916-704-0535 or golfmarquez@sbcglobal.net.



CIVILIAN MARKSMANSHIP PROGRAM (CMP)

Submitted by Chuck Riglick, Match Director



Our John C. Garand Course A matches will continue in 2013, starting with our first match, scheduled for Saturday 12 January. As previously mentioned, if you do not own the appropriate firearms for this match, the Club does have firearms to loan. Arrangements must be made in advance of the event, by contacting our property officer, Jason Turner. Jason can be reached via email at 14bullseye@sbcglobal.net or you can contact Club headquarters at 916-434-0308. You are asked to plan ahead and make these arrangements several days prior to the match. The Club also has a limited supply of government surplus ammo for sale on the day of the match ONLY.

Regarding ammo, I have been informed by CMP headquarters that the sale of ammo at sanctioned matches will be discontinued. Supplies are “drying up” and competitors must now bring their own ammo. The impact on our Club will be minimal, as we have a supply available and we have never really participated in the CMP ammo sales. Commercial ammo equivalents include Federal M-1 Garand ammo in .30-06, Remington 30-06 150gr FMJ, and Winchester 150gr FMJ. Currently, the NRA is offering an excellent booklet on the M-1 in which there are suggestions regarding reloads.

The last item I would like to address is a CMP requirement, that each competitor have on file with the Club or match director, a copy of a NOTARIZED “Eligibility Affidavit and Liability Agreement.” Several of our members have these forms on file with our Club. If you need to get this form on file, I will have them available at the January 2013 meeting. Also, they may be downloaded by going to the CMP website and clicking on Eligibility Affidavit. All shooters who are interested in regular CMP competitions should get a copy of this form and have it notarized. Commercial notaries charge about \$10; our Club has notary services available at Club Headquarters. Please call in advance for an appointment. Upon completion, I need is the copy. Shooters who have shot CMP matches in the past should check with Club headquarters to see if one is on file.

In closing, it was very sad to hear about the tragedy that occurred in Connecticut. We all share in the grief being felt by the parents and friends of the victims. I ask that all shooters continue to advocate for the continued use of our equipment. If we continue to use our firearms in well supervised and safe environments, we can help ensure that our sport will remain a heritage for future generations.

JUNIOR DIVISION REPORT

Submitted by Steve Katsuyama

Happy New Year from the Junior Division! The beginning stage for new shooters (ages 9-20) is held on Monday nights at the indoor range starting at 5pm from September thru May, following the academic calendar. It is here where shooters learn the basics of marksmanship and firearm safety. The Monday night shooters progress through the different stages of marksmanship eventually learning the different positions required for Precision Rifle competition. This is where all shooters begin their training, including the many Junior Olympians and National Champions Lincoln has produced over the years. The beginning juniors will be returning from Christmas break, ready to continue honing their marksmanship skills during their progress through the NRA marksmanship program.

The Advanced Junior team is gearing up for the Junior Olympic qualifier over the first weekend in January. They had a couple of warm up matches during the month of December. **Elizabeth Porco** showed she is all tuned up with a second place finish at the Sebastopol 4P gallery match, while **Jessica Katsuyama** outlasted a field of 25 competitors in the double elimination Sutter Shootout Air Rifle match to earn runner up honors. Several Lincoln shooters are currently on track to qualify for the National Junior Olympic Championships.

As we enter the New Year, we also enter a new and uncertain era for the shooting sports. Only time will tell how everything evolves for our sport. As parents and coaches, we will continue to use this sport as an avenue to instill upon our youth the qualities of leadership, integrity, dedication, and responsibility. And, despite what the popular press does to sensationalize a national tragedy, we all will continue to be ambassadors of our sport, riding the high road and serving as role models to our youth.

THE PRACTICAL PISTOL COURSE (FBI MODIFIED) ADDS NATIONAL MATCH COURSE

Submitted by Grant Macomber, Match Director

The National Match Course has been added to the Practical Pistol Course for 2013. Any pistol that is allowed by NRA rules for conventional pistol may be used in the NMC, including pistols chambered for the .22 Short or .22 Long Rifle cartridges. In view of this, the PPC has been expanded to allow any *center*-fire pistol or revolver that meets NRA rules for conventional pistol. This means that optical or electronic sights (red dot sights) are OK.

The matches will be held on the first three Tuesdays in June (4, 11 and 18) and the middle three Tuesdays in July (9, 16 and 23), first shots at 8 a.m. The PPC will be fired first, followed by the NMC. Both courses of fire consist of 30 rounds. PPC shooters shoot for certificates of qualification. NMC shooters shoot vie against each other within classification. The NMC is not NRA approved, so it does not count toward official NRA classifications, but shooters will compete as Master, Unclassified Master, Expert, Sharpshooter or Marksman. An Unclassified Master is a person who does not have an NRA classification card, a temporary Score Record Book or similar proof of proficiency level such as your score in the PPC.

The PPC course of fire includes right and left hands, 22 feet to 50 yards. There are no quick-load stages. The PPC is revolver friendly. Hint: use light loads. The top shooter in 2012 used a .38 Special with 125 grain bullets. The NMC is shot with one hand, 10 shots slow fire at 50 yards, 10 shots timed fire at 25 yards, and 10 shots rapid fire at 25 yards. The cost is \$5 whether you shoot just one of the courses of fire or both of them. No holsters, no magnum ammunition allowed.

If you have any questions, contact Grant Macomber, match director at (530) 878-1733, or electronically at macnac@inreach.com.

RANGE COMMITTEE REPORT

Submitted by Robert Warn, Range Committee Chairman

Happy New Year. Welcome, to all of our many new members. Our Club has supported a number of matches and activities in the past and 2013 will be no different. The Range calendar has been approved and we are looking for many of our favorite matches to return and a few new offerings for your consideration. Upcoming matches and dates/times will be detailed in future issues of the Kinetic Energy, but I encourage you to keep your eyes on the calendar for any matches and/or activities that are just right for you.

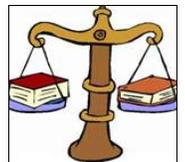
Matches are designed for both the beginner and experienced shooter. If you are new to the sport, help and advice are available to you to help you develop your shooting skills. If you are an advanced shooter, it is always challenging to come on out and compete with some of the Club's best shooters. No matter what your skill level, we guarantee a good time will be had by all.

Our Range is a little wet and muddy with the recent rains, but we can always use your help on the first Saturday of the month to perform basic maintenance chores. Participation on this day will count toward your work assessment commitment, and help keep those membership dues down. On the subject of Range maintenance, I would like to remind our members that we can always use cardboard. If you have any heavy duty cardboard left over from the holidays, please bring it on out to the Range and we can put it to good use.

As Chairman of the Range Committee, I would like to invite any interested members to attend the monthly Range Committee meeting, held at our Club headquarters on the first Tuesday of each month at 7:00pm. I hope to see you at the Range and at the meeting. Stay safe.

AN OPEN CONVERSATION

As editor of the Kinetic Energy, I would like to develop a "conversation corner" in our newsletter that will provide a forum for you to express your thoughts regarding our Club, matches, firearm issues, or just anything you would like to share. Please feel free to submit your thoughts to me for publication in our new "conversation corner." As always, please keep your submissions as short as possible, as we have limited space. I will edit accordingly, however, promise to keep the flavor of your submission(s) in tact. I look forward to hearing from you!! Send your submissions to; moorem2@sbcglobal.net.



A COUNTRY CRIES

Submitted by Margaret Moore, Editor Kinetic Energy

On Dec. 14, 2012, I believe our country experienced a watershed moment regarding the level of violence we are willing to accept. Taking into account many factors, we have reached a point of disregard for human life not experienced in my lifetime. In combination, firearm regulations, mental health services, education facilities, and political posturing, all must come together to secure a direction that will take us into an era designed to protect our constitutional rights, provide health and educational services, and allow our children (America's future) to grow and prosper.

As a firearm owner, my heart sank when I heard of this terrible event, knowing that the easy answer would be to focus on the firearm and not the social and individual shortcomings leading up to this disaster. My second amendment rights are precious to me and as such I will communicate to my representatives my wishes to not incorporate knee-jerk solutions to a very deep rooted social issue. The problem of violence in America has a very long arm and I encourage you to communicate your feelings to those in a position to address the creation of a solution.

I will continue to enjoy the shooting sports. Participating in the LRC matches and activities at the Dillman Range makes me happy and I apologize to nobody for this pleasure. This is my right as an American. I will pray for those who lost loved ones and also that our leaders will have the good sense to formulate a new direction for America. Stay safe and I hope to see you at the Range.

ANNUAL AWARDS POTLUCK

JANUARY 26TH

6PM

**PAVILION BUILDING,
MCBEAN PARK**